

Mega Man 7 Shop

While the shop is generally not used in top level speedruns, knowing how to access it is useful for beginners as a means of accessing E-Tanks.

Shop Access

The shop can be accessed from the stage select screen by pressing select.

Item Availability

At the start of the game only "the usual" items are available, mainly E-tanks and 1ups.

Beat Whistles can be purchased if you rescue Beat from Slash Man's stage.

More items become available, and most basic consumables become half price, if you recover Auto's Super Bolt from Spring Man's stage.

Auto's Bolt

This is in the top left of the very large room late in Spring Man's stage and (will be) documented in that stage's notes. It is behind a wall that must be knocked out by one of the punch springs.

Bolt Currency

The screws recovered in stages either in the open or as drops are the "money" spent on items here.

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