

# General Information

- Item Locations

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These upgrades should be considered safeties, and are listed here for convenience. There are many more useful drops and Elves in the game.


## Sub Tanks

### Actual Tanks


#### Mantis Stage



There are some Arcadia Soldier looking out windows. You need to dash jump to the left and pogo off one's head to just reach the platform with the Subtank.

#### Cyber Elves

Elf Name	Stage	Energy	Location	
	Blazin Flizard		<p>Early in the stage but after the platforms the lava erupts up into spikes, look for a platform just off the top of the screen - you need to jump to see it.</p> <p>Hold down with a charged Recoil Rod to Pogo into the air and get the chip.</p>	



## Health Upgrades

Elf Name	Stage	Energy	Location	
	Intro	300	Through some snow very early in the stage, and to the left on the ground.	

Martina	Baby Elf 1 (After the first 4 Mutos)		<p><b>This is the double health elf</b></p> <p>The elf is inside the building. Look for the ladder near two large Energy Crystal drops.</p> <p>After climbing the ladder, there is a passage way up and to the left where the elf is located.</p>	<p>1</p>  <p>2</p> 
	Resistance Base (During second set of missions, before Copy X)		<p>This is time consuming but easy to collect. Go to the Rooms door on the 2nd floor of the resistance base (The command center is on floor 4). Go to room 02D. Talk to the reploid inside and take the quiz.</p>	

# Hacker Elves

Elf Name	Stage	Energy	Location	

Clockle  (Quick Charge)	Blazin Flizard	300	<p>The second minecart you see is at the bottom of a ladder. Stand next to it and strike it with charged Recoil Rod to move it.</p> <p>After the room with timed enemy spawns, after a few ladders, there is a jump over spikes to a ladder. Sliding down the wall and holding left will get you to the same minecart you pushed under earlier.</p> <p>The Cyber Elf is located in the small section past teh minecart.</p>	 
Hanmarbo	Anubis	300	Midboss worm drops it	